

J Jackson Black Pride J-Sette Competition's Rules and Regulations

J-Setting is a highly stylized modern lead and follow style of hip-hop dance, characterized by cheerleading style sharp movements to eight-beat count music. Throughout the J-Sette Competition members of the squad will perform in five categories (see below) that will be scored based on the squad's (1) Technique, (2) Synchronization, (3) Creativity, (4) Memory, and (5) Overall Appearance.

Rules

1. All squads must bring their own music for **Categories 1 and 4**. Music will be provided for Categories 2, 3, & 5.
2. All squads must have at least three members to perform in each category.
3. Individual rules for each category are below:

Category 1:

Marching In – This is the presentation category. Your squad must march in, in an orderly fashion exhibiting 3 of the marching styles (e.g. salt and pepper, tip toe, J-Sette walk, The Strut, The Prance, and Scarecrow). The captain of the squad must throw at least 2 parade routines . A parade routine is a sequence of 1 or more eight counts that can be performed while marching in a parade. No flipping, rolling over, or any ground work because this is something that would not be done on paved streets during a parade. No more than two times each and the squad must be able to catch and come in on time.
Squad must provide own music.

Category 2:

Fast Stands – The captain of the squad must throw no more than 10 fast stands and no less than 7 fast stands for the squad to catch and perform. The stands exhibited must be those that can actually be executed in a set of bleachers.

Category 3:

Slow Stands – The captain of the squad must throw no more than 10 slow stands and no less than 7 slow stands for the squad to catch and perform. The stands exhibited must be those that can actually be executed in a set of bleachers.

Category 4:

Field Routine – A routine of no less than 16 eight-counts must be performed. **Squad must provide own music.**

Category 5:

Battle Round- The captain of the squad must throw no more than 8 stands for the squad to catch and perform. The stands should be no longer than 16 counts. This is to give structure and time constraints to the category. If a squad is performing more than 16 counts that is considered a stand routine (not applicable for category), we are limiting counts based on participation, music sequence change for this category and judges be ability to effectively judge cause the category moves very fast, and time.

**J-Sette Competition
Jackson Black Pride
Score Sheet**

Category: (*Circle one*) (1) Marching In (2) Fast (3) Slow (4) Routine (5) Battle

Group Name: _____

Technique (1-10)

1 2 3 4 5 6 7 8 9 10

Comments: _____

Synchronization (1-10)

1 2 3 4 5 6 7 8 9 10

Comments: _____

Creativity (1-10)

1 2 3 4 5 6 7 8 9 10

Comments: _____

Memory (1-10)

1 2 3 4 5 6 7 8 9 10

Comments: _____

Overall Appearance (1-10)

1 2 3 4 5 6 7 8 9 10

Comments: _____

Total Score: _____